

 **PIRATES OF THE CAHABA** 

OCTOBER 22ND - 24TH, 2010



HOSTED BY

MOUNTAIN BROOK GYMNASTICS

BE THERE!

PIRATES OF THE CAHABA

HOST: MOUNTAIN BROOK GYMNASTICS FOUNDATION

SITE: THE NEW MOUNTAIN BROOK GYMNASTICS CENTER

MAIL ENTRIES TO:

PIRATES OF THE CAHABA
3677 BETHUNE DRIVE
BIRMINGHAM, AL 35223

MEET DIRECTOR CONTACT INFO:

PHILLIP D. ACTON
PHILLIP@MOUNTAINBROOKGYMNASTICS.COM
(205) 969 - 4889 PHONE
(205) 969 - 8496 FAX

ENTRY FORMS/ADDITIONAL INFORMATION CAN BE FOUND AT WWW.MOUNTAINBROOKGYMNASTICS.COM

EQUIPMENT:

AAI GMR LEVEL 4 VAULT STATIONS
¾" VAULT RUNWAYS
AAI ELITE UNEVEN BARS
AAI ELITE & SPIETH ANDERSON CRANK BEAMS
(2) PALMER POWER SPRING FLOORS

AWARDS: EXCEED ALABAMA USAG GUIDELINES

SUPER TEAM AWARD: BE THE FIRST TO WIN THE PIRATES OF THE CAHABA SUPER TEAM AWARD! WE WILL AWARD TEAM CHAMPIONS AFTER EACH SESSION BUT WE WILL ALSO BE GIVING A PIRATES OF THE CAHABA SUPER TEAM AWARD TO THE TOP TEAM AT THE END OF THE LAST SESSION OF THE WEEKEND. EACH TEAMS TOP 5 SCORES ON EVERY EVENT, REGARDLESS OF LEVEL, WILL COMPRISE THE SUPER TEAM AWARD. (THERE IS NO ADDITIONAL FEE TO BE ENTERED INTO THE SUPER TEAM AWARD.)

ENTRY FEES:

PREP - OP AND LEVELS 7 - 10 \$75

COMPULSORY LEVELS 1 - 6 \$65

TEAM ENTRY \$40 PER TEAM ENTERED (THE TOP 3 SCORES WILL CONSTITUTE TEAM AWARDS.)

MAKE CHECKS PAYABLE TO A.G.E.F.

ADMISSION FEES:

ADULTS \$6

CHILDREN AGES 5 - 12 \$4

CHILDREN UNDER AGE 4 FREE

DEADLINES:

ENTRIES: FRIDAY, SEPT. 10TH

SCRATCHES/REFUNDS: TUESDAY, SEPT. 14TH



PIRATES
OF THE
CAHABA

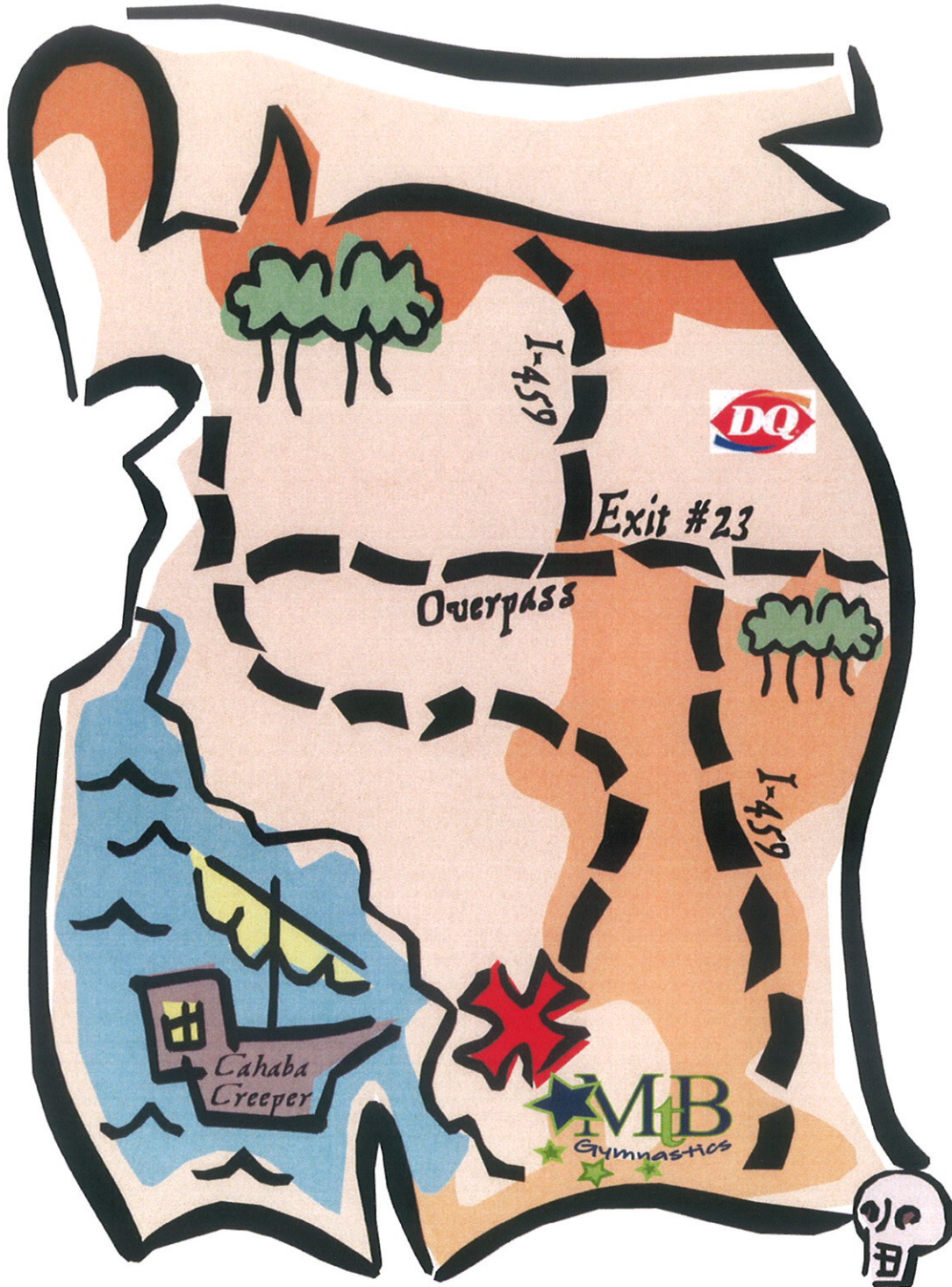
Club Name: _____
 Address: _____
 City, State, Zip _____
 Club Phone: _____
 Contact Name: _____
 Contact Mobile Phone: _____
 Fax Number: _____
 Contact Email: _____
 USAG Club Number: _____

Coach 1 Name	_____	USAG #	_____	Safety Exp. Date	_____
Coach 2 Name	_____	USAG #	_____	Safety Exp. Date	_____
Coach 3 Name	_____	USAG #	_____	Safety Exp. Date	_____
Coach 4 Name	_____	USAG #	_____	Safety Exp. Date	_____
Coach 5 Name	_____	USAG #	_____	Safety Exp. Date	_____

Women's Artistic Gymnastics Entry Form

First Name	Last Name	USAG	Level	Birthdate
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
21				
22				
23				
24				
25				

Total Women's Level 1-6	_____	x \$65=	\$ -
Total Women's Prep Opt	_____	x \$75=	\$ -
Total Women's Level 7-10	_____	x \$75=	\$ -
Total Teams Entered	_____	x \$40=	\$ -
		Total	\$ -



DO NOT MAPQUEST OUR ADDRESS – IT WILL TAKE YOU TO THE WRONG PLACE
Directions to Mountain Brook Gymnastics:

From I-459 South

Take Exit 23 (Liberty Parkway) and turn right. At the dead end turn left and follow the road until it gets to the gym.

Traveling I-459 North

Take Exit 23 (Liberty Parkway) and turn left (takes you back over the interstate). At the dead end turn left and follow the road until it gets to the gym.

Gym Phone Number (205) 969-4889.